



Epping to Pennant Hills Station (via Lane Cove River)



3 hrs 15 mins

Hard track

8.4 km One way

↑ 249m

4

This walk, from Epping to Pennant Hills Station, is a great way to see the upper Lane Cove River Valley. The walk does pass near major roads, but there are times along the track, near Browns Water Hole and along the Lane Cove River, where you forget how close you are to the city. Allow time to enjoy some of the lovely spots along the way.

30m

173m

Lane Cove National Park

Browns Waterhole

Browns Waterhole is a wide, shallow section of the Lane Cove River, downstream of a concrete weir. There is a concrete shared cycle/footpath crossing over the top of the weir, linking Kissing Point Road, South Turramurra to Vimiera Rd, Macquarie Park. On the western side of the waterhole, there is a picnic table and small clearing with a view over this section of the river.

Pennant Hills Park

Pennant Hills Park is a large sporting complex located in the back of Pennant Hills and on the border of the Land Cove National Park. This large venue consists of four large ovals (3 with cricket pitches), 16 tennis courts, a hockey court and an archery range. If you would like to book a tennis court then contact David Cochrane (02) 9481 0970. There are also BBQ and picnic facilities provided at the park.

Before You walk

Bushwalking is fun and a wonderful way to enjoy our natural places. Sometimes things go bad, with a bit of planning you can increase your chance of having an enjoyable and safer walk. Before setting off on your walk check

- 1) Weather Forecast ([BOM Metropolitan District](#))
- 2) Fire Dangers ([Greater Sydney Region, unknown](#))
- 3) Park Alerts ([Lane Cove National Park](#))
- 4) Research the walk to check your party has the skills, fitness and equipment required
- 5) Agree to stay as a group and not leave anyone to walk solo

Think before you TREK

The 'Think before you TREK' program developed by NSW Police & NPWS promotes the benefits of planning ahead for your bushwalking trip by using an easy to remember acronym:

- T** Take adequate supplies of food, water, navigation and first aid equipment.
- R** Register your planned route and tell friends and family when you expect to return.
- E** Emergency beacon (PLB's) should be carried on walks with significant gaps in mobile coverage (check terrain profile).
- K** Keep to your planned route and follow the map and walking trails.

Topo Maps

The maps provided on wildwalks are helpful, but there are times where you may need maps covering a broader area. Maps that cover this walk include;

1:25 000 Map Series:91304S HORNSBY, 91303N PARRAMATTA RIVER

1:100 000 Map Series:9130 SYDNEY

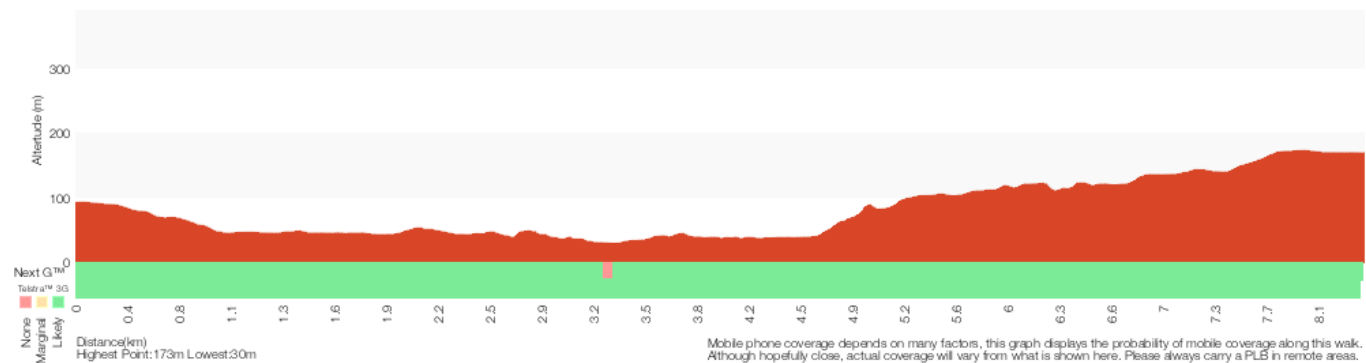
Grade

This walk has been graded using the AS 2156.1-2001. The overall grade of the walk is determined by the highest classification along the whole track.



**Grade 4/6
Hard track**

Length	8.4 km One way
Time	3 hrs 15 mins
Quality of track	Formed track, with some branches and other obstacles (3/6)
Signs	Directional signs along the way (3/6)
Experience Required	Some bushwalking experience recommended (3/6)
Weather	Storms may impact on navigation and safety (3/6)
Infrastructure	Limited facilities, not all cliffs are fenced (3/6)



Mobile phone coverage depends on many factors, this graph displays the probability of mobile coverage along this walk. Although hopefully close, actual coverage will vary from what is shown here. Please always carry a PLB in remote areas.

Are you ready to have fun?

Please ensure you and your group are well prepared and equipped for all possible hazards and delays. Check park closures, weather information and Fire Danger Rating before setting out. Optional side trips and alternate routes noted are not included in this walk's overall grade, length or time estimate. Please allow extra time for resting and exploring areas of interest. The authors, staff and owners of wildwalks take care in preparing this information but will not accept responsibility for any inconvenience, loss or injury you may experience. Please take care, have fun - Happy Walking.

Getting there You can get to Epping Station (gps: -33.7725, 151.0824) by car, train or bus. Car: There is free parking available.

You can get back from Pennant Hills station (gps: -33.738, 151.0729) by car, train or bus. Car: There is free parking available.

Find up to date and more information including; travel directions, weather, park closures and walker feedback at <http://wild.tl/etphslcr>

0 | Epping Station

(1 km 18 mins) From the eastern side of Epping Station the walk crosses over the street at the pedestrian crossing and heads up Pembroke St. The walk heads up the slight hill passing a Dentist's and church on the left. The walk continues to follow the road passing through a round-a-bout with Essex St and then comes down to Epping Rd. Epping Rd is crossed using the pedestrian crossings. A sign to Macquarie Park and Marsfield is followed up Epping Rd and then right onto Pembroke St again. The walk heads up Pembroke St following the white signs and white bicycles painted on the ground. The walk continues down Pembroke St passing some side roads to come to an intersection with the bike bath (on your left) just before the end of the road.

1.02 | End of Pembroke St

(110 m 2 mins) Turn left: From near the end of Pembroke Street, this walk follows the 'Marsfield' sign along the concrete cycle path. The path soon leads across a small bridge then bends right to cross a much bigger bridge (over Terrys Creek) beside Epping Road. Once off the bridge this walk continues along the path for about 20m to the end of the green fence. Here the walk comes to an intersection with a bush track (on the right)

1.14 | Int on Epping Rd east of Terrys Creek

(40 m 1 mins) Turn right: From the intersection, this walk follows the bush track gently downhill, directly away from Epping Road, initially keeping the green fence to your right. The track winds down through a re-vegetating clearing for about 30m to come to an intersection marked with a no.13 post and a 'Floodway' danger sign

1.17 | Int of Eastwood Station and Rest area tracks

(2 km 36 mins) Turn right: From the intersection the track heads down the steps to the intersection of the Pembroke Street path at the bottom.

Veer right: From the intersection the track heads under the Epping road bridge on the right side of the creek and onto the bushtrack which winds up the gentle hill to the intersection of the Epping Road bushtrack.

Continue straight: From the intersection the track follows the Browns Waterhole arrow down the short hill passing a sewage access point and signpost 15, continuing along side the creek to the intersection of the Browns Waterhole bushtrack.

Continue straight: From the intersection the track follows the bush track north east along the bushtrack winding along the creek and down across a wooden bridge continuing up and along through the bush to the intersection of the Browns Waterhole bushtrack.

Veer right: From the intersection the track heads north down the short hill and past a sewage access point, winding along the creek to the intersection of

the Browns Waterhole bushtrack.

Continue straight: From the intersection the track follows the bushtrack north passing a sewage access point and continuing through the bush as the track winds along the right hand side of the creek, passing 2 more sewage access points along the track before coming to the signposted intersection of the Browns Waterhole track.

Turn right: From the intersection the track heads east down the gentle hill and around a sewage access point, continuing up the other side for a short while to the signposted intersection of the Browns Waterhole track.

Continue straight: From the intersection the track follows the Browns Waterhole arrow through the bush, winding all the way through the bush as it winds around to a rock platform with views of the M2 motorway bridge and continues through the bush for a short while to the signposted intersection of the Browns Waterhole track.

Turn left: From the intersection the track follows the bushtrack heading down and across the creek and up the other side coming to the signposted intersection of the Crimea road and Browns Waterhole tracks

Turn left: From the intersection the track follows the Browns Waterhole arrow north along the bushtrack crossing underneath the M2 motor way and continuing along, down some steps and through to the intersection of a bushtrack winding down across the creek.

Continue straight: From the intersection the track heads north east away from the M2 overpass, following the bushtrack through the valley as it winds down some wooden steps and joins onto a metal walkway which continues through dense bushland until joining back onto a dirt track and continues all the way along to the intersection of the Browns Waterhole track.

3.14 | Int of Terry's Creek Walking Track and Brown's Wat

(40 m 1 mins) Turn left: From the intersection, this walk follows the concrete management trail down the gentle hill to the picnic tables and clearing signposted as 'Browns Waterhole'.

3.18 | Browns Waterhole

Browns Waterhole is a wide, shallow section of the Lane Cove River, downstream of a concrete weir. There is a concrete shared cycle/footpath crossing over the top of the weir, linking Kissing Point Road, South Turramurra to Vimiera Rd, Macquarie Park. On the western side of the waterhole, there is a picnic table and small clearing with a view over this section of the river.

3.18 | Browns Waterhole

(90 m 2 mins) Continue straight: From Browns Waterhole picnic area, this walk follows the management trail down to the causeway and across Browns Waterhole (caution is needed during and after rain, may become impassable). Immediately after the river, the walk comes to an intersection with the Great North Walk trail.

3.27 | Browns Waterhole int

(3.2 km 1 hr 5 mins) Veer left: From the intersection, this walk follows the 'The Great North Walk' sign along the dirt management trail, keeping the Lane Cove River to your left. After about 80m, the trail leads under some high tension power lines, where there is a mostly clear view over the river (to your left). The trail then gently leads down through the valley for about 400m to come to an intersection with Cove St trail, marked with a GNW arrow post.

Veer left: From the intersection, this walk follows the GNW arrow post downhill along the management trail for about 30m to cross a small culverted creek. The walk then follows the trail up the short hill to come to an intersection with the signposted 'STEP track' (on your right).

Continue straight: From the intersection, this walk follows the GNW arrow post and STEP Track markers along the management trail, whilst keeping the

river to your left. The trail undulates through the valley (weedy in places) and tall forest for just shy of 600m, to come to a clear intersection at the bottom of a sealed management trail (on your right). This intersection is marked with another 'STEP Track' map/sign and a 'The Great North Walk' sign.

Veer left: From the intersection, the walk follows the 'The Great North Walk' sign gently downhill along the management trail, directly away from the face of the 'STEP Track' map/sign. Keeping the river to your left, the trail leads downhill for about 80m to come to a Y-intersection, where there is a 'Lane Cove Valley' map/sign and a 'Lane Cove River Park' sign pointing back along the trail.

Veer left: From the Intersection the track follows the lower branching service trail across the river before climbing a small but steep bank. Immediately upon reaching the top of this small climb the track comes to an intersection of the Pennant Hills Park service trail.

Turn right: From the intersection the track follows the Pennant Hills ovals sign up the steep rocky service trail winding all the way up the side of the valley, flattening out to a gentle climb as it approaches the top and passing the intersection of a powerline service trail, continuing along the top of the ridge all the way to the intersection of the second second powerline service trail. From here the track continues along the ridge, following the service trail through the thick bushland all the way to the intersection of the third powerline service trail.

Continue straight: From the intersection the track follows the service trail winding up the gentle hill and turning right at the archery warning sign, continuing through the bush to the intersection of the airfield service trail.

Turn left: From the intersection the track follows the service trail west through the bush up a long gentle hill and through a metal gate to the intersection of the Pennant Hills park road.

6.43 | Pennant Hills Park

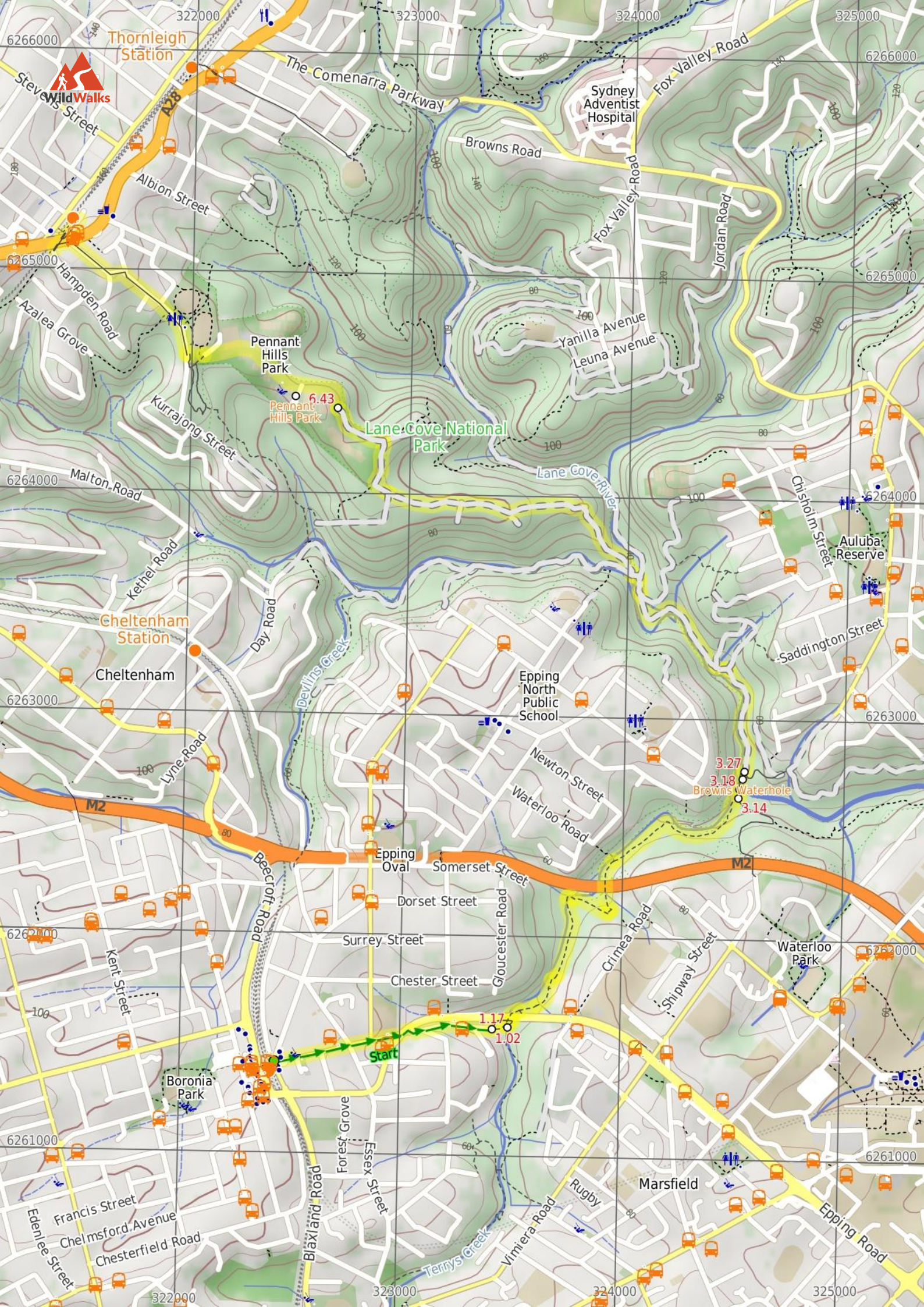
Pennant Hills Park is a large sporting complex located in the back of Pennant Hills and on the border of the Lane Cove National Park. This large venue consists of four large ovals (3 with cricket pitches), 16 tennis courts, a hockey court and an archery range. If you would like to book a tennis court then contact David Cochrane (02) 9481 0970. There are also BBQ and picnic facilities provided at the park.

6.43 | End of Pennant Hills Park

(2 km 34 mins) Veer right: From the intersection at the National Park gate the track follows the road up the gentle hill as it passes several tennis courts, football and hockey fields as it winds all the way up to the intersection of the bushtrack behind the "Pennant Hills Park walking track system" sign on the left side of the road.

Continue straight: From the intersection the track heads up the road keeping the sports oval on the right of the road as it comes to the round about.

Turn right: From the roundabout the track follows Britannia street up past the two large ovals and continuing all the way along, winding around the left and right hand bends in the road which becomes the Crescent, and heads up the hill to the intersection of Pennant Hills road. From the intersection the track turns left at the main road and follows it along the footpath for a short distance to the bottom of the overpass, turning left up the ramp that winds all the way up and over the road coming back down to the intersection of Railway street. From the intersection the track follows Railway street down the hill and past the bus stops to the entrance to the train station.



Summary navigation sheet for the Epping to Pennant Hills Station (via Lane Cove River)



km	From	Up/Dwn	Length	Initial directions (Use full tracknotes and maps for more detail)
Start	Epping Station -33.7725,151.0824 (GR Parramatta River, 224614)	1 -46	1 km 18 mins	From the eastern side of Epping Station the walk crosses over the street at the pedestrian crossing and heads up Pembroke St.
1.02	End of Pembroke St -33.7712,151.0931 (GR Parramatta River, 234616)	1 -2	110 m 2 mins	Turn left: From near the end of Pembroke Street, this walk follows the 'Marsfield' sign along the concrete cycle path.
1.14	Int on Epping Rd east of Terrys Creek -33.7709,151.0941 (GR Parramatta River, 235616)	0 0	40 m 1 mins	Turn right: From the intersection, this walk follows the bush track gently downhill, directly away from Epping Road, initially keeping the green fence to your right.
1.17	Int of Eastwood Station and Rest area tracks -33.7712,151.0939 (GR Parramatta River, 235616)	37 -46	2 km 36 mins	Turn right: From the intersection the track heads down the steps to the intersection of the Pembroke Street path at the bottom.
3.14	Int of Terry's Creek Walking Track and Brown's Waterhole Servicetrail -33.7618,151.1052 (GR Parramatta River, 245626)	0 -3	40 m 1 mins	Turn left: From the intersection, this walk follows the concrete management trail down the gentle hill to the picnic tables and clearing signposted as 'Browns Waterhole'.
3.18	Browns Waterhole -33.7614,151.1053 (GR Parramatta River, 245627)	1 -5	90 m 2 mins	Continue straight: From Browns Waterhole picnic area, this walk follows the management trail down to the causeway and across Browns Waterhole (caution is needed during and after rain, may become impassable).
3.27	Browns Waterhole int -33.7607,151.1055 (GR Parramatta River, 245628)	147 -53	3.2 km 1 hr 5 mins	Veer left: From the intersection, this walk follows the 'The Great North Walk' sign along the dirt management trail, keeping the Lane Cove River to your left.
6.43	End of Pennant Hills Park -33.7458,151.0856 (GR Hornsby, 227644)	62 -16	2 km 34 mins	Veer right: From the intersection at the National Park gate the track follows the road up the gentle hill as it passes several tennis courts, football and hockey fields as it winds all the way up to the intersection...